

Who can join JLC?

The Junior Lifeguard Club is designed for members with differing abilities.

Friends (and siblings) can join the Junior Lifeguard Club together even if they are of different ages and different abilities.

The Club welcomes members **between 10 and 15 years of age** as long as they can meet the Society's **Swim to Survive®** standard:

- ⇒ roll into deep water
- ⇒ tread water for 1 minute
- ⇒ swim at least 25 metres.



When is JLC?

Wednesday and Friday
1-2pm

July 6-29, 2016

(registration closes June 30)

August 3-26, 2016

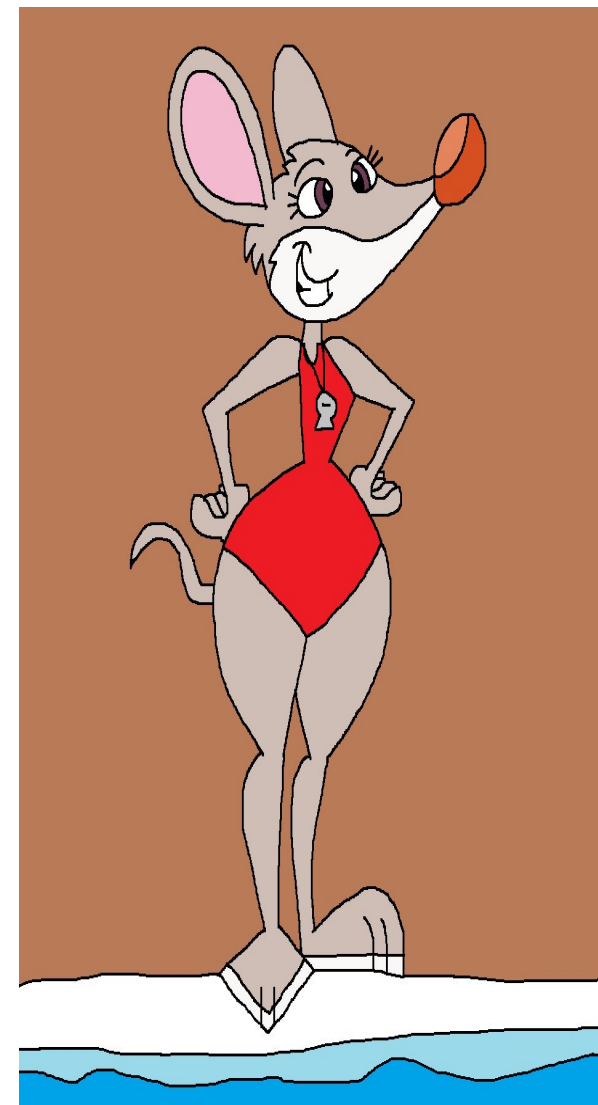
(registration closes July 26)

How much does it cost?

\$100

For more information or
to register:

Ashcroft Pool
561 Elm St, Ashcroft, BC
V0K 1A0
(250)453-9031



**ASHCROFT POOL
JUNIOR
LIFEGUARD CLUB**

What is JLC?

The Junior Lifeguard Club (JLC) offers serious fun for kids! The Jr. Lifeguard Club provides an action-packed challenge for kids who love the water but who want more than "lessons."

Why join JLC?

More action, more options, more fun. The Junior Lifeguard Club offers a unique aquatic alternative for those kids who love the water and who want more than "lessons."

The Junior Lifeguard Club keeps kids interested and active in aquatics - especially quick learners and those caught between levels.

LOTS OF RECOGNITION

There is no "failure" in the Junior Lifeguard Club. Members enjoy high activity challenges in a learning environment where personal effort and success are recognized.

You can earn 7 different kinds of Recognition Seals for:

- Community Education
- Leadership/Teamwork
- Lifesaving Knowledge
- Lifesaving Skills
- Swimming Skills
- Fitness
- Competition

You can also earn Lifesaving Awards without leaving the Club:

Canadian Swim Patrol Awards - Rookie Patrol, Ranger Patrol,

PERSONAL BEST

The Junior Lifeguard Club is an alternative to traditional test-sheet-based aquatic programs.

The Club stresses fun and aquatic skill development based on personal-best achievement. Building on skills they already have, Junior Lifeguard Club members work to develop and improve swimming and other aquatic skills with emphasis on: Swimming skills, Lifesaving skills, Lifesaving knowledge, Leadership & teamwork, Community education, Competition, Personal fitness.

Leadership development - including teamwork and decision-making skills - is an important aspect of the Junior Lifeguard Club.