

# SOCIAL SERVICES

## *South Cariboo Elizabeth Fry*

- Victim Services
  - Food Security Programs
  - Legal Advocacy
  - Support and Community Referrals
- 250-453-9656

## *Service BC*

Ashcroft - 250 453 2412

Clinton - 250 459 2268

## *Clinton Food Bank*

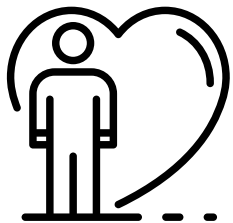
1st and 3rd Tuesday 11-1

250 459 7068

## *Ashcroft and Area Community*

*Resources Society*

250 453 9085



# SERVICES FOR SENIORS

Oct 2025

## HEALTH SERVICES

*Ashcroft Health Site*  
250 453 2211

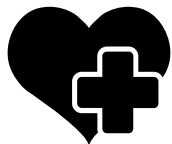
*Home and Community Care*  
250 453 1939

Home Support

*Jackson House Residential Care*  
250 453 1913

*Better at Home*  
250 457 1019

*Better Meals*  
1 888 838 1888



*Thompson View Lodge -  
Assisted Living*  
250 453 0085

*Thompson View Manor-  
Independent Living*  
250 453 9223

*Ashcroft Hospice*  
778 207 7575

*Dietician*  
811

*Foot Doctor - Dr. Bolen*  
604 926 1331

*Sun Country Optical (Ashcroft)*  
778 639 2020

*HearingLife Clinic (Ashcroft)*  
Tuesdays 830-430  
833 537 9286

*Ashcroft Dental Clinic*  
250 453 9147

## OTHER SERVICES

*The Ashcroft HUB*  
Fitness Classes, Yoga,  
Community Coffee, Coffee and a  
Craft  
250 453 9177

*Ashcroft-Cache Creek Senior  
Centre*  
250 453 9248

*Clinton Senior Centre*  
250 459 0028

*The Equality Project*  
250 457 6485

*Soup's On*  
Fridays 11-1 @ St. Alban's  
778 517 0997  
bomajdt@gmail.com

